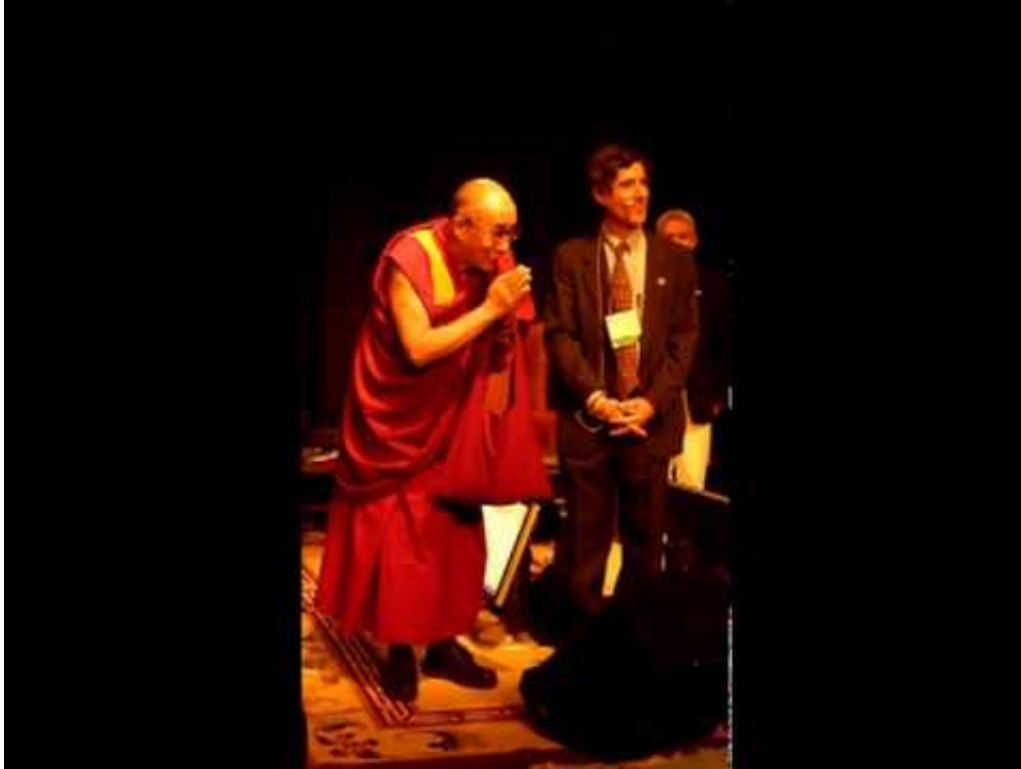


HHDL Madison WI 2010 Robert Roeser Wednesday, 1:21 AM

[HHDL Madison WI 2010](#)

Source: www.youtube.com



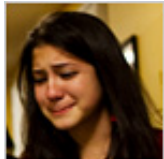
This video shows the entrance of HH Dalai Lama and Dr. Richie Davidson at Mind and Life 22 - a small science meeting at the University of Wisconsin, Madison on the latest findings in contemplative neuroscience. The meeting kicked off the inauguration of Dr. Davidson's new center, the Center for Inve

[Read more...](#)

Immigration Vote Leaves Obama Policy in Disarray Robert Roeser Sunday, 8:13 PM

[Immigration Vote Leaves Obama Policy in Disarray](#)

Source: www.nytimes.com



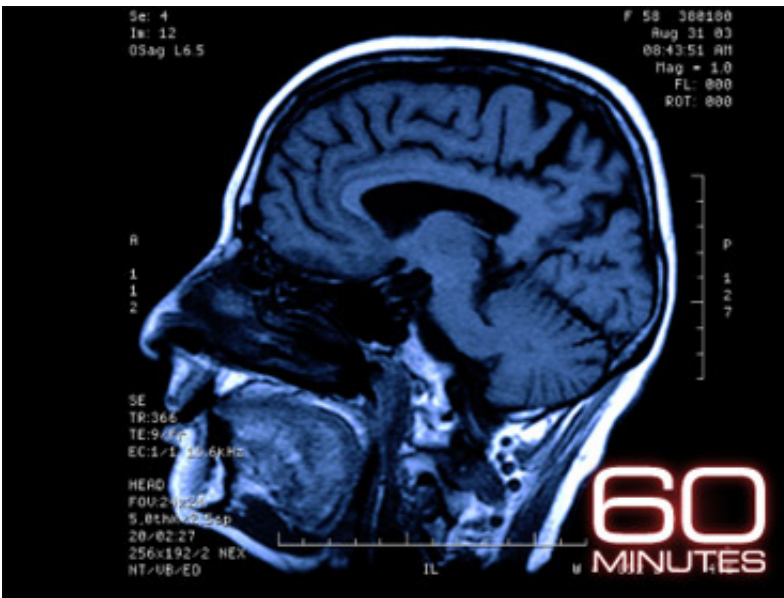
A Senate vote not to legalize illegal students set back an emerging movement and rebuffed the president's policy.
Dream deferred...

[Read more...](#)

The Gift of Endless Memory - 60 Minutes - CBS News Robert Roeser Sunday, 7:54 PM

[The Gift of Endless Memory - 60 Minutes - CBS News](#)

Source: www.cbsnews.com



60 Minutes on CBS News: The Gift of Endless Memory - Lesley Stahl Reports on Superior Autobiographical Memory

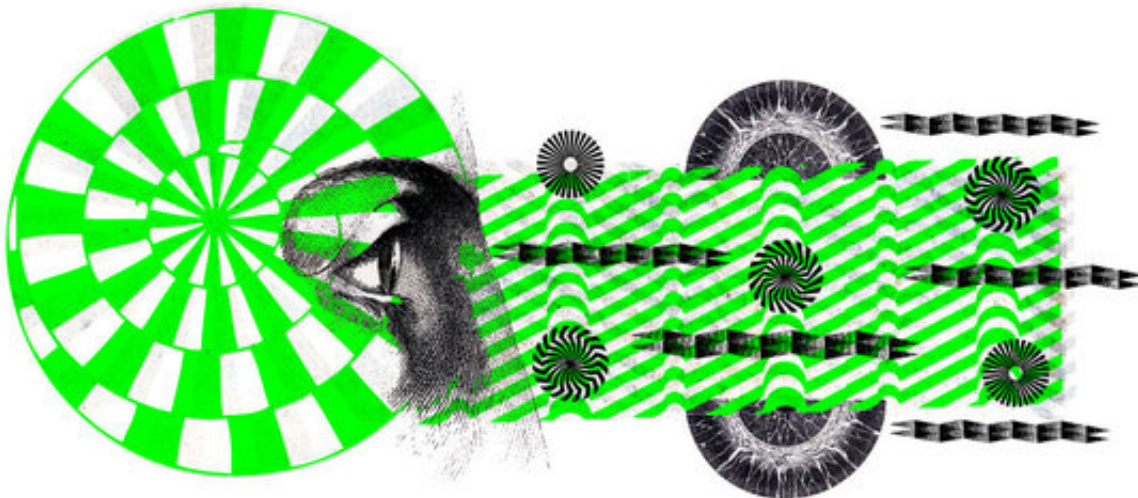
This is the story of a fascinating set of people with what appears to be perfect narrative memory - they remember each day of their lives clearly (an interesting and challenging form of "mental clarity")

[Read more...](#)

A Real Science of Mind Robert Roeser Sunday, 5:05 PM

[A Real Science of Mind](#)

Source: opinionator.blogs.ny...



Why advances in perceptual psychology, not neuroscience, should be grabbing headlines.

[Read more...](#)

Part I: Contemplative Education Talk - August 2010 Robert Roeser Saturday, 2:44 PM

[Part I: Contemplative Education Talk - August 2010](#)

Source: vimeo.com



This is a talk by Robert Roeser at the summer conference of Yoga Calm, an organization that delivers contemplative educational programs in schools to children and adolescents. Yoga Calm is based in Portland, Oregon.

[Read more...](#)

HHDL and Alan Wallace reflect on compassion Robert Roeser Dec 15, 10:25 PM

[HHDL and Alan Wallace reflect on compassion](#)

Source: vimeo.com



all people have a fundamental vulnerability to mental afflictions and is therefore worthy of compassion

[Read more...](#)

Sustainable Happiness: A Dialogue between Science an... Robert Roeser Dec 15, 9:59 PM

[Sustainable Happiness: A Dialogue between Science and Contemplative Wisdom - Part II of II](#)

Source: vimeo.com



Tibetan Buddhist meditation master Yongey Mingyur Rinpoche, developmental psychologist Dr. Robert W. Roeser from Portland State University, and cognitive neuroscientist Dr. David R. Vago from Harvard Medical School participate in an evening dialogue that...

[Read more...](#)

http://mindofvago.com/sustainable_happiness.avi Robert Roeser Dec 14, 10:14 AM

http://mindofvago.com/sustainable_happiness.avi

Source: mindofvago.com

Sustainable happiness video thanx to Dave Vago...

[Read more...](#)

Just Breathe: Body Has A Built-In Stress Reliever : NPR Robert Roeser Dec 13, 5:43 PM

[Just Breathe: Body Has A Built-In Stress Reliever : NPR](#)

Source: www.npr.org



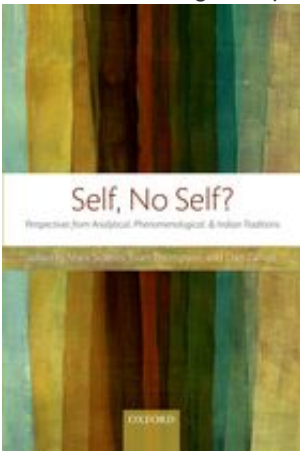
Deep breathing is not just relaxing; it's also been scientifically proven to affect the heart, the brain, digestion, the immune system. Research has shown that breathing exercises can have immediate effects by altering the pH of the blood, or changing blood pressure.

[Read more...](#)

OUP: Siderits: Self, No Self?: Perspectives from Analyti... Robert Roeser Dec 12, 7:57 PM

[OUP: Siderits: Self, No Self?: Perspectives from Analytical, Phenom - Oxfo](#)

Source: ukcatalogue.oup.com



Perspectives from Analytical, Phenomenological, and Indian Traditions
new book on self...

[Read more...](#)

Rivers and Tides - Docurama - Docurama Films Robert Roeser Dec 12, 1:40 AM

[Rivers and Tides - Docurama - Docurama Films](#)

Source: www.docurama.com



In the timeless tradition of “Winged Migration” and “Koyaanisqatsi,” the theatrical phenomenon RIVERS AND TIDES depicts the magical relationship between art and nature while painting a visually intoxicating portrait of famed artist Andy Goldsworthy. Gorgeously shot and masterfully edited, the film f
incredible...

[Read more...](#)

Man on Wire Soundtrack - Gymnopédie No 1 Robert Roeser Dec 11, 4:23 PM

[Man on Wire Soundtrack - Gymnopédie No 1](#)

Source: www.youtube.com



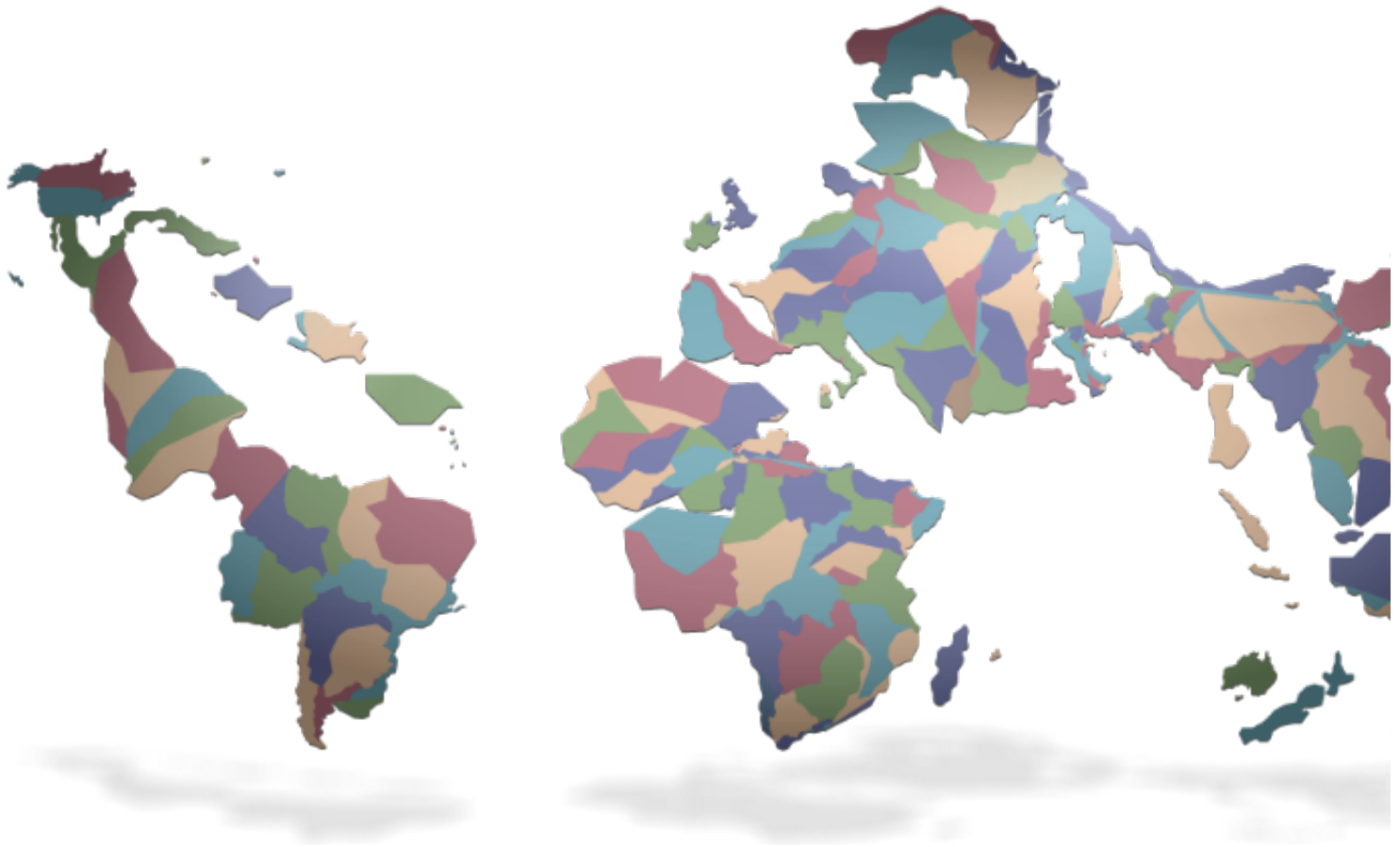
by Pascal Rogé. Check out my channel, I usually add music that isn't already on youtube.

[Read more...](#)

FedEx - Our Changing World Robert Roeser Dec 11, 12:49 PM

[FedEx - Our Changing World](#)

Source: www.experience.fedex...



See how forest cover and number of trees vary across the world.
literacy levels worldwide thanks to fedex...

[Read more...](#)

Most Contagious 2010 Robert Roeser Dec 11, 12:26 PM

[Most Contagious 2010](#)

Source: shar.es



Most Contagious 2010
thanks Jocelyn

[Read more...](#)

Video & Audio | The Office of His Holiness The Dalai La... Robert Roeser Dec 10, 8:17 PM

[Video & Audio | The Office of His Holiness The Dalai Lama](#)

Source: dalailama.com



The official website for The Office of His Holiness the 14th Dalai Lama. His Holiness the 14th Dalai Lama, Tenzin Gyatso, is both the head of state and the spiritual leader of Tibet

[Read more...](#)

Mind and Life XXII: Session 5 Robert Roeser Dec 5, 8:01 AM

[Mind and Life XXII: Session 5](#)

Source: shar.es



The final session of Mind and Life XXII was moderated by Viji Ravindranath, who recapped much of the previous discussion. She went on to praise His Holiness for the efforts and vision needed to put this dialogue together. She lastly recognized the Mind and Life Summer Research Institute and the ne

[Read more...](#)

Mind and Life XXII – Sessions 2, 3, and 4 – Mind & Life I... Robert Roeser Dec 5, 8:01 AM

[Mind and Life XXII – Sessions 2, 3, and 4 – Mind & Life Institute](#)

Source: www.mindandlife.org



Session 2 served as a review for the current state of Contemplative Science, recent findings, and its collaborations with mainly Buddhist practices. Richard Davidson of the Center for Investigating Healthy Minds described experiments where adept practitioners alternated between a neutral state and

[Read more...](#)

Buddhism & Science Symposium at Maitripa College Robert Roeser Dec 1, 7:57 AM

[Buddhism & Science Symposium at Maitripa College](#)

Source: shar.es

Buddhism & Science

Special Event at Maitripa College!

[Read more...](#)

String Theory - (2 Minutes) Robert Roeser Dec 1, 6:50 AM

[String Theory - \(2 Minutes\)](#)

Source: www.youtube.com



String theory

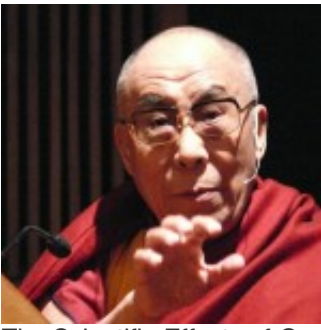
can't manage the first 4 dimensions, what to do with 7 more?

[Read more...](#)

Mind and Life XXII: Session 1 — Mind & Life Institute Robert Roeser Nov 28, 5:05 PM

[Mind and Life XXII: Session 1 — Mind & Life Institute](#)

Source: shar.es



The Scientific Effects of Contemplative Practices on Human Biology and Behaviour, kicked off with a welcome from co-founder and CEO Adam Engle, who talked of the history of the Mind & Life Institute. Viji Ravindranath, chair of the Centre of Neuroscience in Bangalore and one of the MLXXII planning

Here is information on Mind and Life Delhi meeting for those who are interested...

[Read more...](#)

Allen Ginsberg sings "Do The Meditation Rock" (1984) Robert Roeser Nov 13, 7:14 PM

[Allen Ginsberg sings "Do The Meditation Rock" \(1984\)](#)

Source: www.youtube.com



Allen Ginsberg with Peter Orlovsky (meditating), Arthur Russell (cello) and Steven Taylor (guitar) perform on Nam June Paik's TV special for PBS "Good Morning Mr. Orwell" from 1984. more info here: http://en.wikipedia.org/wiki/Good_Morning,_Mr._Orwell

[Read more...](#)

La revolucion educativa: Robert Roeser - on Dailymotion Robert Roeser Nov 13, 7:12 PM

[La revolucion educativa: Robert Roeser - on Dailymotion](#)

Source: dai.ly



¿Es hoy más difícil la convivencia en las aulas? ¿Están bien preparados los maestros para acompañar al niño hasta su adolescencia con una educación que englobe emociones e inteligencia socia

Hopelessly monolingual, I have no idea what i said but I like my new accent...

[Read more...](#)

Liiv.com : Come In, Live Well Robert Roeser Nov 11, 2:50 PM

[Liiv.com : Come In, Live Well](#)

Source: liiv.com



Liv.com streams live events featuring leading teachers, best-selling authors and recognized motivators who will move you to a course of action that will change your life for the better. (Coming soon)

would love to be in NY to see this...

[Read more...](#)

Rumi's Poetry: 'All Religions, All This Singing, One Song' Robert Roeser Nov 10, 6:59 PM

[Rumi's Poetry: 'All Religions, All This Singing, One Song'](#)

Source: www.huffingtonpost.com



Rumi very consciously made himself and his poetry a bridge between cultures and between religions. There is nothing exclusivist about him. He includes everyone in his embrace. He was, and is, a healer of whatever might separate us.

[Read more...](#)

Video: The Dalai Lama on science, spirituality Robert Roeser Oct 31, 8:40 PM

[Video: The Dalai Lama on science, spirituality](#)

Source: www.cnn.com



The Dalai Lama discusses how science and spirituality fit in with his beliefs.

Thanks DV!

[Read more...](#)

Most college students print as cursive writing starts to... Robert Roeser Oct 29, 10:13 PM

[Most college students print as cursive writing starts to disappear on Oregon campuses](#)

Source: www.oregonlive.com



College students today rarely write by hand, and when they do, nearly all print rather than write in cursive.

is watching all the changes flow by...

[Read more...](#)

Michael Jordan: learn to fail Robert Roeser Oct 29, 8:39 PM

[Michael Jordan: learn to fail](#)

Source: www.youtube.com



A 1998 US commercial for Nike. The path to success. Lessons by Michael Jordan. More commercials : <http://www.youtube.com/CulturePub> .. All rights reserved. For all inquiries on commercial use of above video, please mail to culturepub@wizdeo.com
is remembering what a sage MJ was...
[Read more...](#)

Measures of Mindfulness « Contemplative Mind in Life Robert Roeser Oct 29, 7:03 PM

[Measures of Mindfulness « Contemplative Mind in Life](#)

Source: contemplativemind.wordpress.com

A Global Collection of Mindfulness and Meditation Research Resources

is copying Dave Vago's post here: Measures of mindfulness

<http://contemplativemind.wordpress.com/2008/08/25/measures-of-mindfulness/>

[Read more...](#)

Gratefulness in the Now - Part 2 Robert Roeser Oct 29, 5:09 PM

[Gratefulness in the Now - Part 2](#)

Source: www.youtube.com



Br. David Steindl-Rast (www.gratefulness.org) and Roshi Joan Halifax give a dharma talk. This segment is about compassion fatigue. The full-length DVD is available from Upaya Zen Center (upaya@upaya.org). ©Prajna Mountain Publishers
is grateful to DV for pointing out this teaching.

[Read more...](#)

Rally to Restore Sanity And/Or Fear app for iPhone, iP... Robert Roeser Oct 28, 11:43 PM

[Rally to Restore Sanity And/Or Fear app for iPhone, iPod touch, and iPad on the iTunes App Store](#)

Source: itunes.apple.com



Learn more, read reviews, and download Rally to Restore Sanity And/Or Fear app by MTV Networks on the iTunes App Store. wishes he could be there...

[Read more...](#)

<http://pagingdrgupta.blogs.cnn.com/2010/10/18/meditati...> Robert Roeser Oct 23, 2:34 PM

<http://pagingdrgupta.blogs.cnn.com/2010/10/18/meditation-reduces-stress-instills-compassion/>

Source: pagingdrgupta.blogs.cnn.com

Interesting study of meditation with adolescents and emerging adults

[Read more...](#)

Parmarth Gurukula Rishikesh.mp4 Robert Roeser Oct 21, 10:49 PM

[Parmarth Gurukula Rishikesh.mp4](#)

Source: www.youtube.com



This ashram for male youth is found in Rishikesh on the banks of the Ganges where it emerges from the Himalaya and enters into the Gangetic plain on its long journey to the sea. The boys participate in recitations and in the evening ritual of the Ganga Aarti. This is a video montage of this ritual

My trip there

[Read more...](#)

Shri Jnaneshwar Mahasamadhi.mov Robert Roeser Oct 21, 9:27 PM

[Shri Jnaneshwar Mahasamadhi.mov](#)

Source: www.youtube.com



This is the temple complex and shrine of the great Maharastrian saint Dnyaneshwar who, at the age of 16 under the direction of his teacher, rendered a copy of the Bhagavad Gita in the language of the common people (Marathi language). Thus, he brought what had formerly been only within the reach of ...

is still missing India...

[Read more...](#)

The Facebook Searchers Robert Roeser Oct 16, 11:46 PM

[The Facebook Searchers](#)

Source: www.nytimes.com



“The Social Network” is spot on with its parsing of who wins and loses in our information economy and hypercompetitive meritocracy.

suggests reading after seeing the movie!

[Read more...](#)

100 Greatest Hip Hop Songs Ever!!! | Vh1 Blog Robert Roeser Oct 16, 6:55 PM

[100 Greatest Hip Hop Songs Ever!!! | Vh1 Blog](#)

Source: blog.vh1.com

VH1 TV Shows Music Videos Celebrity Photos News & Gossip The arguments go on forever. Is old school better than new school? What's the hardest gangsta joint around? Which MC has the hippest

[Read more...](#)

March to Keep Fear Alive 2010 - Steven Colbert Robert Roeser Oct 13, 10:46 PM

[March to Keep Fear Alive 2010 - Steven Colbert](#)

Source: www.youtube.com



<http://www.facebook.com/KeepFearAlive> Next month, Jon Stewart and Stephen Colbert will trade the television studio for the National Mall, holding simultaneous political demonstrations in the nation's capital. Stewart's "Rally to Restore Sanity" invites people to "bring their indoor voice" and joi...

govt takeovers of health care from insurance execs, socialist muslims in the whitehouse, flouride in the water....

[Read more...](#)

Picture Books Languish as Parents Push 'Big-Kid Books' Robert Roeser Oct 8, 7:57 PM

[Picture Books Languish as Parents Push 'Big-Kid Books'](#)

Source: www.nytimes.com



Publishers are scaling back on picture books as more parents favor text-heavy chapter books for their children.

Racing to the top, leaving picture books behind...

[Read more...](#)

ML Education Research Network I — Mind and Life Instit... Robert Roeser Oct 6, 7:37 PM

[ML Education Research Network I — Mind and Life Institute](#)

Source: shar.es



The Mind and Life Education Research Network (MLERN I) was formed in 2006 to create a multidisciplinary intellectual forum dedicated to exploring issues at the intersection of mind, brain, education and contemplative practice. This intersection was very novel; there was little in the way of systemat...

[Read more...](#)

Dacher Keltner on Touch | Greater Good Robert Roeser Sep 29, 3:35 PM

[Dacher Keltner on Touch | Greater Good](#)

Source: shar.es

Dacher Keltner shares insights from the new science of touch: compassionate communication, touch therapies, and proof that "to touch is to give life."

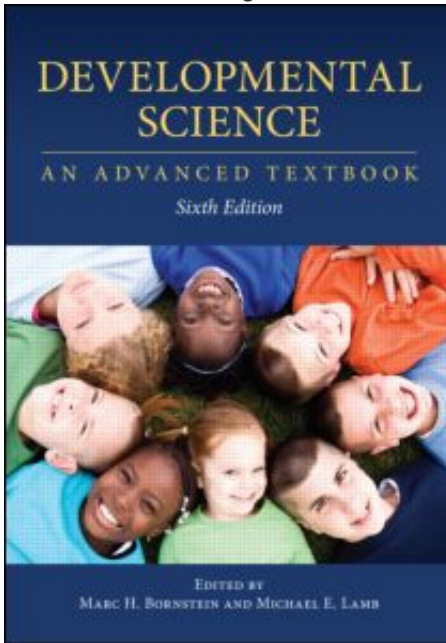
The science of touch and compassion

[Read more...](#)

Developmental Science: An Advanced Textbook, Sixth ... Robert Roeser Sep 24, 12:15 PM

[Developmental Science: An Advanced Textbook, Sixth Edition, 6th Edition \(Hardback\) - Routledge](#)

Source: www.routledge.com



Noted as one of the most comprehensive textbooks in the field, *Developmental Science*, 6th Edition introduces readers to all of areas in developmental psychology: neuroscience, genetics, perception, cognition, language, emotion, self, and social...

[Read more...](#)

Being Present - Native Perspectives on Sustainability Robert Roeser Sep 19, 11:57 AM

[Being Present - Native Perspectives on Sustainability](#)

Source: www.youtube.com



Larry Mercurieff (Aleut) tells a story from his childhood about learning through observation of Aleut hunters and seabirds how one profoundly connects with the earth. This clip is part of a series exploring the meaning of sustainability from the perspectives of indigenous leaders from the bioregion...

Native American perspective on mindfulness...

[Read more...](#)

Musical Legend Hancock Fuses Jazz, Global Rhythms Robert Roeser Sep 19, 11:55 AM

[Musical Legend Hancock Fuses Jazz, Global Rhythms](#)

Source: www.youtube.com



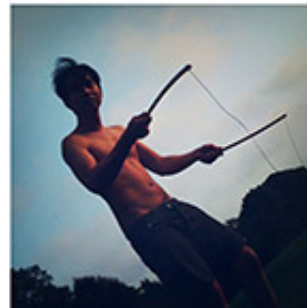
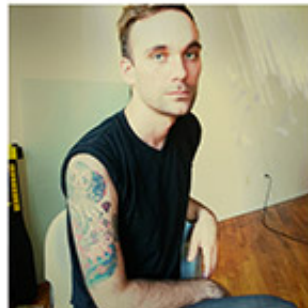
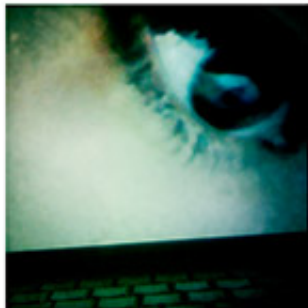
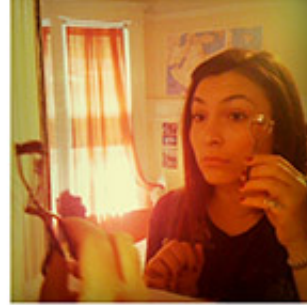
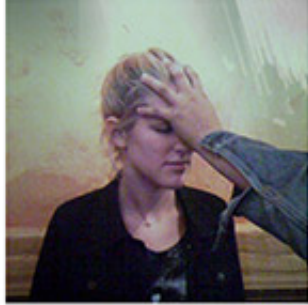
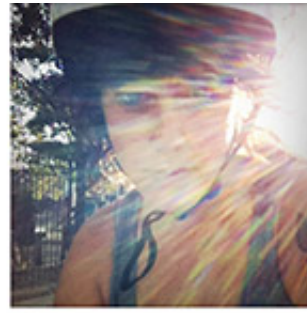
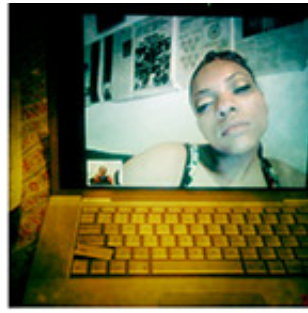
Read the Transcript: <http://to.pbs.org/9VQQ0v> Jeffrey Brown catches up with music legend Herbie Hancock, who celebrated his 70th birthday earlier this year and is touring in support of his latest album "The Imagine Project."

Herbie Hancock on the value of mindfulness - a lesson he learned from Miles Davis (minute 3:00 to end)
[Read more...](#)

What Is It About 20-Somethings? - NYTimes.com Robert Roeser Aug 22, 2:30 PM

[What Is It About 20-Somethings? - NYTimes.com](#)

Source: www.nytimes.com



They move back in with their parents. They delay beginning careers. Why are so many young people taking so long to grow up?
Take the "are you an adult yet test." I failed....

[Read more...](#)

"A Good Day" With Brother David Steindl-Rast Robert Roeser Aug 20, 5:32 PM

"A Good Day" With Brother David Steindl-Rast

Source: www.youtube.com



This video, featuring Brother David, a highly-respected Benedictine monk, author and spiritual leader, is a BLESSING to all those with "eyes to see and ears to hear." Look, listen and be inspired by this powerful message on grateful living. Please visit gratefulness.org.

[Read more...](#)

Fred Luskin, PhD: What Is Forgiveness? Robert Roeser Aug 20, 10:46 AM

[Fred Luskin, PhD: What Is Forgiveness?](#)

Source: www.youtube.com



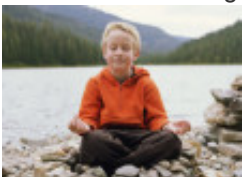
This video series is a dialogue between Dr. Fred Luskin, who holds a PhD in Counseling and Health Psychology from Stanford University where he served as director of the Stanford Forgiveness Project, and Rev. ...

[Read more...](#)

A Mindful Revolution in Education Robert Roeser Aug 16, 6:04 PM

[A Mindful Revolution in Education](#)

Source: www.huffingtonpost.com



I just returned from an inspiring weekend with 300 educators interested in bringing mindfulness into our schools. Home from the conference, here are a few things that feel important to share.

the revolution will not be televised...

[Read more...](#)

Religion, Doctors At Odds Over Mental Health In India :... Robert Roeser Aug 10, 8:56 AM

[Religion, Doctors At Odds Over Mental Health In India : NPR](#)

Source: www.npr.org



In India, there is only 1 psychiatrist for every 400,000 people, a recent study shows. It means that most people in India go untreated by doctors for substance abuse, severe depression and psychotic disorders. Instead, they turn to the gods.

[Read more...](#)

HH Dalai Lama Meeting Entrance India 2010.mov Robert Roeser Aug 6, 12:17 AM

[HH Dalai Lama Meeting Entrance India 2010.mov](#)

Source: www.youtube.com

Small video segment of beginning of a meeting in Dharmasala India to discuss future directions in contemplative science that include India and Indian scientists. The meeting included practitioners from various Indian contemplative traditions as well as scientists from India, Europe and the United Sta...

[Read more...](#)

Portraits of Compassion - CBS News Video Robert Roeser Aug 2, 7:02 PM

[Portraits of Compassion - CBS News Video](#)

Source: www.cbsnews.com



CBS News video: Portraits of Compassion - Ben Shumaker's "Memory Project" allows American students to create portraits of children from the Third World who would otherwise never have an image of themselves. Steve Hartman reports for "Assignment America."

[Read more...](#)

At Staten Island's Concord HS, the fourth 'R' is relaxatio... Robert Roeser Jul 31, 2:25 PM

[At Staten Island's Concord HS, the fourth 'R' is relaxation I - SILive.com](#)

Source: www.silive.com



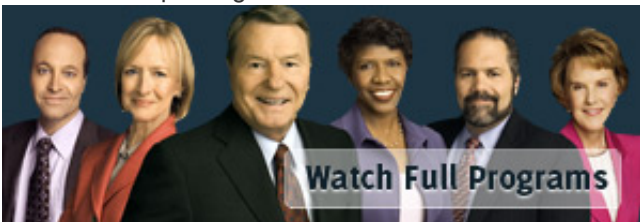
content

[Read more...](#)

Millennials Study Captures Snapshot of Young America... Robert Roeser Mar 25, 9:05 PM

[Millennials Study Captures Snapshot of Young America | PBS NewsHour | Feb. 24, 2010 | PBS](#)

Source: www.pbs.org



Millennials Study Captures Snapshot of Young America : Judy Woodruff takes a look at how the millennial generation -- people born after 1980 -- fits into the current political and economic spectrum. The Pew Center's Paul Taylor and Amanda Lenhart discuss their new report.

[Read more...](#)

Robert Roeser Robert Roeser Jan 22, 9:55 PM

[Robert Roeser](#)

Source: www.robertroeser.com



Robert W. Roeser, PhD,

[Read more...](#)

Robert W. Roeser's photostream Robert Roeser Jan 4, 8:21 PM

[Robert W. Roeser's photostream](#)

Source: www.flickr.com



Flickr is almost certainly the best online photo management and sharing application in the world. Show off your favorite photos and videos to the world, securely and privately show content to your friends and family, or blog the photos and videos you take with a cameraphone.

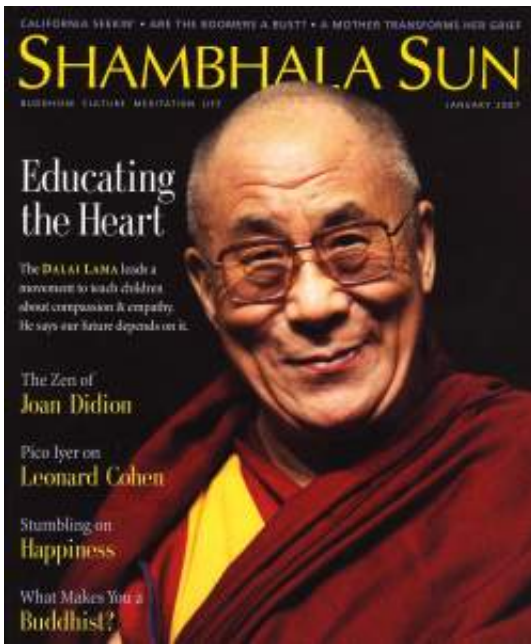
Photos for near and far...

[Read more...](#)

Blog Robert Roeser Jan 1, 12:25 PM

[Blog](#)

Source: robertroeser.wordpress.com



[Read more...](#)

YouTube - robertwroeser's Channel Robert Roeser Dec 22, '09, 7:11 AM

[YouTube - robertwroeser's Channel](#)

Source: www.youtube.com



Share your videos with friends, family, and the world

[Read more...](#)
